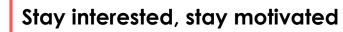


- 1. Discuss which of the topics you find interesting. With a partner, find three which you feel similar about.
 - art and culture
 - politics
 - celebrity lives
 - environment

- healthy living
- professional development
- science and technology
 - travelling
- 2. Complete the gaps with the words provided.
 - a) stimulating/enthusiastic/rewarding
 - 1) a technological innovation I'm about
 - 2) a topic of conversation I find
 - 3) a experience I've had
 - b) captures/inspires/sparks
 - 1) something that my interest when I'm travelling
 - 2) something that me to do my best work
 - 3) a type of news story which always my attention
 - c) accomplishment/eager/inspiration
 - 1) an I'm particularly proud of
 - 2) a piece of art that is a great source of
 - 3) something I'm to do when I retire
- 3. Choose one topic from each set in ex. 2 and tell your partner some details about it.
- 4. Discuss what you might learn in each of the English lessons below and say how enthusiastic you would be to have them. Which topic captured your attention most?
 - Do you feel FOMO? Phrasal verbs with 'out'
 - Decision time (business case study)
 - Curious questions about curiosity
 - The city of the future is here
 - The story of Frida Kahlo (advanced tense review)
 - It's so hot right now!



5. Finish the sentences so that they are true for you. Compare with a partner.

- a) What inspires me to get up in the morning is...
- b) The most rewarding things about my job are...
- c) When I'm not very enthusiastic about a task I need to do, I...
- d) In an English lesson, I'm always eager to...
- e) My biggest accomplishment in terms of studying English is...
- 6. Watch a <u>video</u> [https://youtu.be/eNqJYIns4Rk] about motivation and discuss the questions.
 - What is the difference between extrinsic and intrinsic motivation?
 - Is your motivation for learning English intrinsic or extrinsic? Why? Was it the same in the past?
 - Is your motivation in other areas of life, e.g. work, intrinsic or extrinsic? Why do you think so?
 - Which motivation helps you accomplish more, intrinsic or extrinsic? Why?
 - Which motivates you more, success or failure? Give examples.

7. Use the words to create questions.

EXAMPLE:	how long / you / learn / English / ?
	How long have you been learning English?

a) you / use / be / more enthusiastic about / learn / than you are now / ?

.....

- b) how often / you / ask / meet deadlines / ?
 c) why / you / decide / take up / this course / ?
 d) you / consider / take / a two-year English course / get a better job / ?
 a) when / you / find yourself stuck / do repetitive work / how / you / metivate
- e) when / you / find yourself stuck / do repetitive work, / how / you / motivate yourself / continue / ?

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Stay interested, stay motivated

- f) if / you / have more free time / in the past, / you / spend it / study English / ?
 g) what / inspire / you / choose / the profession you have / ?
 h) what language other than English / you / recommend / study / ?
 i) if / you / have to / quit a bad habit, / how / you / start / ?
 j) what / the things / you / wish / you / be good at / ?
 k) what / discourage / you / pursue / your goals / ?
 l) you / ever / try / motivate / someone else / do something / ?
- 8. Choose some questions from ex. 7 to ask your partner.

