

### WARM-UP

1. In pairs, write down words related to sports that start with each letter of the alphabet.

A – aerobics

B – boxing

C – cycling

D – diving

E – exercise

F – field

G – game

H – hockey

I – ice skating

J – jumping

K – karate

L – loser

M – move

N – Nordic walking

O – Olympics

P – player

Q – quarter

R – runner

S – score

T – team

U – umpire

V – volleyball

W – win

X –

Y – yachting

Z – zip-lining

2. Discuss questions:

- What sport do you do? When did you start doing it?
- Do you do sports to keep fit or just for fun?
- What sports do you enjoy watching on TV?
- What sports do you dislike?
- What is the most popular sport in your country?
- What sport would you not let your children do?

These are just sample answers.  
Want more? – see this sport-related A-Z wordlist:  
<https://www.enchantedlearning.com/wordlist/sports.shtml>



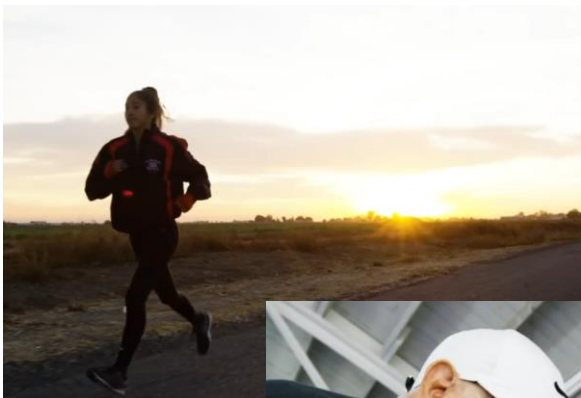
**3. Read the sentences below and match the words and phrases in bold with their meanings a) - i) on the next page.**

1. Parents often hope that their kids will **compete (a)** professionally and become famous **athletes (e)**.
2. *Sports Daily* wrote that John Daly is a **promising (i)** runner because he won in the last few runs.
3. Before the fight, my **coach (f)** told me to focus only on my **opponent (h)** in the ring and to forget about all the people around.
4. LeBron James was **ranked number one (g)** basketball player of all time.
5. The American women team won the last Olympics **tournament (b)** and got a gold medal.
6. Muhammad Ali was a boxing **champion (c)** with an impressive 56-win record.
7. Anna Brown **stood out (d)** in the game last Sunday because she scored many points and won the match.

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|---|--|
| a) to take part in a race or competition  | f) someone whose job is to train and organize a sports team    |
| b) a competition for teams or single players in which a series of games is played | g) to be the best  |
| c) a winner of first place in competition   | h) a person who someone is competing against in a sports event |
| d) to be much better than other similar things or people                          | i) something or somebody that may be very successful           |
| e) a person who is very good at sports and takes part in competitions             |  |

**VIDEO**

**4. Look at the pictures from the [video by Great Big Story](#) you will watch in a minute. What do you think this video might be about?**



**5. Watch the video and fill in the gaps with one word each:**

- a) Some of the sport's most **PROMISING** boxers come from a special place in California.
- b) But once the sport was opened up to them, not only did girls start **COMPETING** they started winning a lot.
- c) (...) with her father, who remains her **COACH** to this day.
- d) For me to make that goal possible, every single **TOURNAMENT** that is coming up, (...)
- e) I've trained a lot of champions and Sandra **STANDS** out.

**6. Now, watch the video again and decide if the sentences below are True or False.**

- a. Some girls from California won at the Junior Olympics in 2017. **T**
- b. Sandra Tovar's was 17 when she started boxing. **F**
- c. Sandra Tovar only has time to do her homework before boxing training. **F**
- d. You don't need a lot of money to compete professionally. **F**
- e. The girl-boxers from California are very motivated to win. **T**

**DISCUSSION****7. Discuss the following questions about the video:**

- Is it a good idea that girls compete professionally in boxing?
- Would you let your children go to boxing classes?
- Should we encourage children to do sports more?
- What can sport teach people?
- How can sport help children from poor families?

**8. Work in pairs and discuss the statements below. Do you agree or disagree with them? Why?**

- a) Physical education at school should be optional.
- b) Athletes earn enough money for what they do.
- c) Footballers shouldn't get so much money.
- d) Men and women should play together in the same tournaments.