The smartphone problem

VOCABULARY

1. Complete sentences with correct forms of words given below.

**ADDICT**

a) Some people claim that jogging can be highly ___________.

b) He admitted he was ___________ to cigarettes.

c) There is a growing problem of an ___________ to drugs in our cities.

**OBSESS**

a) Food has become an ___________ for many people.

b) She had an ___________ interest in him and his life.

c) I believe that she was ___________ with her work.

**HARM**

a) Looking at a computer monitor for a long time can be ___________ to the eyes.

b) We need to use natural resources without ________ the environment.

c) Anyone who has ever met him will tell you he is completely ________.

**BORE**

a) They started quarrelling out of sheer ___________.

b) I can't continue listening to this ___________ speech.

c) I'm really ___________ with his endless complaining.

2. Discuss:

- What are you addicted to? Have you tried to quit it?
- What are kids and teens obsessed with nowadays?
- What are modern addictions?
- To what extent do you think you are addicted to your smartphone?

VIDEO

3. Watch the video and answer the questions.

a) In what occasions do people use their cell phones?

b) What consequences does the use of smartphones have?

c) What does the digital detox involve?

d) What are the benefits of the digital detox?

e) Could you do such a detox?

f) Should we be concerned about the issue?
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4. Look at the activities below and tell how often you do them with your phone?

   multiple times a day   multiple times a week   at least weekly
   o making calls
   o texting
   o sending and reading emails
   o searching for information
   o taking pictures
   o checking the weather
   o researching products and services
   o searching for a store
   o sharing and posting photos
   o using maps
   o using social media sites

GRAMMAR

5. There are a few expressions in English to talk about preferences. See the example sentences below and complete the grammar structure forms:

➢ I prefer to do some sport rather than watch TV all day long.
➢ We prefer chatting with people online to calling them.
➢ She would rather call somebody than text.
➢ They prefer coffee to tea.
➢ I would prefer to finish work at 3 p.m. on Fridays.

• would rather + do + than + do
• would prefer + __________________
• prefer + __________ + to + __________
• prefer + __________ + __________ + __________
• prefer + __________ + rather than + __________
6. Work in pairs and discuss what you would choose in the situations below and give reasons. Use the expressions from exercise 5 (would rather/would prefer/prefer).

- meet online vs meet in real life
- call vs text
- smartphone vs laptop
- lose a wallet vs lose a phone
- shop online on your mobile vs on a computer
- stop watching TV vs stop watching YouTube
- iPhone vs Android phone
- give up the phone vs lose some friends