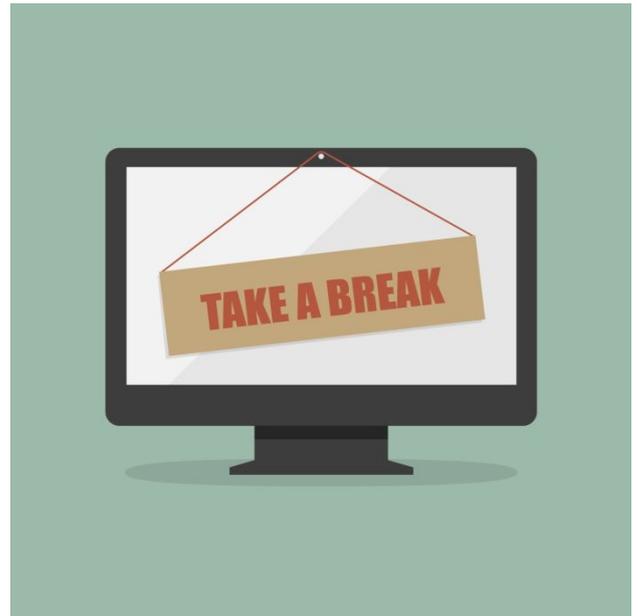


How to get back to work after a career break by Carol Fishman Cohen

WARM-UP

1. Discuss the questions:

- What's the idea of a gap year? Is it popular in your country?
- What about a career break for adults? Is it common?
- What are the reasons for career break?
- How do you think employers see people who take a career break?



VOCABULARY

2. Match words and phrases from the box with their meanings.

obsolete

disconnect

handful

diminish

keep up with

flip side

- 1) become less
- 2) the negative aspects of an idea, plan, or situation
- 3) a lack of connection or consistency
- 4) make progress or learn at the same speed as someone or something
- 5) a very small number of people or things
- 6) no longer produced or used; out of date

3. Complete the questions with some of the words from ex. 2.

- What can be the _____ of a career break?
- Should a career breaker _____ the labour market and the latest developments in their industry?
- What kind of skills can _____ when you are out of work for too long?
- Why can career breakers be viewed by employers as technologically _____ ?

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4. In pairs, answer the questions from ex. 3.

VIDEO & DISCUSSION

5. Watch the video and answer the questions:

a) Who are relaunchers?

.....

b) What reasons does the speaker give for taking career break?

.....

c) Why can returning to work after a career break be difficult?

.....

d) What is the longest career break that the speaker knows?

.....

e) What benefits can relaunchers bring for employers?

.....

f) What concerns do employers have about hiring relaunchers?

.....

g) What are reentry internship programs?

.....

6. Agree or disagree? Discuss these sentences.

- A career break can give me a boost to think about my future work life.
- My company is not in favour of taking career breaks.
- During a career break I could rest and return to work with renewed enthusiasm.
- Most companies are reluctant to hire relaunchers.

